

# Services

## Chiropractic

### CanadaPhysio and Chiropractic Health Care

Chiropractic medicine is one of the largest primary contact regulated health care professions in Canada. A Chiropractor is a health care professional that focuses on manual and physical therapy to treat disorders of the musculoskeletal system and the nervous system. Over 4.5 million Canadians rely on Chiropractic care every year to deal with problems such as acute low-back pain, neck pain and headaches.

CanadaPhysio Chiropractors are licensed by the Ontario College of Chiropractors and use the most advanced chiropractic techniques available today to maximize spinal correction and aid patients in achieving the best overall health possible. We aim to improve the quality of life of everyone that walks through our doors. Our initial objective is to understand your medical condition through a focused assessment of your medical history and current state. We then integrate the specific Chiropractic treatment required for your individual condition which promotes the cessation of pain, recovery, healing and prevention of relapse.

Chiropractic medicine is a drug-free, non-invasive, therapeutic treatment. It is used to alleviate issues of alignment and subluxation that cause pain in the neck, upper and lower back. Chiropractic therapy is also frequently used to treat patients suffering from headaches, osteoarthritis, spinal disk conditions, carpal tunnel syndrome, tendonitis, sprains/ strains and much more.

CanadaPhysio patients who are recovering from an injury or have been involved in a motor vehicle accident find Chiropractic treatment to be an excellent method of restoring overall health and prevention of future injuries.

**Chiropractic treatment is covered by most Extended Health Benefits. We also provide treatment for WSIB (Workplace Safety Insurance Board) cases and Motor Vehicle Accident (MVA) Insurance Claims.**

### Chiropractic Treatment for Children, Athletes and Seniors

Chiropractic care is safe and gentle enough for children. It is also effectively used in the treatment of sports injuries for athletes and to reduce back pain and restore function and movement in seniors. Most insurance plans will cover partial or total payment for Chiropractic treatment.

### How to book an appointment

- **Phone:** (Toll Free) 1-844 PHYSIO 1 (1-844-749-7461) or 416-572-1001 and you will be connected to a clinic near you. You will then speak with one of our attendants who will assess your needs and help you book an appointment that suits your schedule.
- **Walk-in:** Patients are more than welcome to visit one of our many locations throughout Toronto, the GTA and London, Ontario, in person to book an appointment.
- **Email:** [info@canadaphysio.ca](mailto:info@canadaphysio.ca)
- **Live Chat:** Call our toll free number at **1-844 PHYSIO 1 (1-844-749-7461) or 416-572-1001** and speak to one of our live attendants 24 hours a day/7 days a week.

## **What to Expect On Your Visit**

During your first visit to CanadaPhysio, your Chiropractor will conduct a detailed assessment in order to obtain detailed and relevant information about both you and the health issue you are facing. We review your case history, conduct physical examinations and order laboratory analyses and x-rays if required. We also pay particular attention to your lifestyle and how it impacts your medical condition – what foods do you eat? How often you exercise? How do you manage stress? What are the main triggers of your stress?

Based on our initial assessment, a diagnosis is made and we create a customized Chiropractic treatment plan that fits your individual needs.